



## **WALKING IN GREECE**

### **WALKING-IN-YOUR-SHOES® Somatic Empathy Processing**

Are you looking for **clarity** about health, relationships, self-defeating patterns, or **your next steps** in your life? Do you seek a direct experience of empowerment and **transformation**?  
Not later, but right **now**?

### **“Clarity and Transformation” with WIYS co-founder Joseph Culp**

**Athens, Greece 23 & 24 September, 2023**

**For the first time in Greece,  
you may join WIYS® co-founder JOSEPH CULP  
for an empowering weekend of "Walking in the Shoes of the Gods"  
under the Acropolis in Athens!  
Bring your personal topic or discover it  
with Joseph in this safe, supportive workshop.**

This in-depth workshop will use the groundbreaking *WIYS® body/mind technique* that combines *empathy, movement, mindfulness, and somatic processing* to help reveal your hidden obstacles and empower you to live your highest potential.

## "Clarity & Transformation" Areas of Focus:

- **Health & Well-Being** Physical and Emotional Wellness in the Bodymind. What is the underlying "message" of your symptom or dis-ease? What is your relationship to the body or symptom? Is your Bodymind issue a Repression (unconscious blocking) or Suppression (conscious withholding)? We will Walk your health issues to discover new resources for optimal health, acceptance, personal healing and balance
- **Family Systems/Relationships** – Social connection, Love and Attachment issues; Partners, Parents, Children, Friends, Ancestors. What do you need to bring yourself into healthy relationship and balance with another person in your life?
- **Trauma Recovery**– PTSD & trauma disorders: Safely discharging/completing a traumatic experience through creative intuition of your Bodymind. Access a **corrective experience**, and discover your “**Act of Triumph**”, through integration of boundaries, connection, action, self-regulation, resilience, tolerance of feelings
- **Self-Development & Personal Growth** - Self-Love, Life Purpose, Your Calling, Core Beliefs (Health, Love, Self-worth, Work, Abundance), Grief & Loss, Emotional-Body Intelligence, Blockages/Stuckness, Creativity, Business, Your Next Steps.



**Whether a bird, flower, or human being,  
you have but one purpose - to unfold all you are capable of being.  
Your unique gifts. Your innate genius.  
Your full potential.**

**Information | Registration:** [yorgosnasios@gmail.com](mailto:yorgosnasios@gmail.com)

September 23 & 24 2023

10:00 – 18:00 (lunch break from 13:00 – 14:00)

The workshop is in **English** with **Greek translation** (as needed)

**Fees:**

60€ / day (as participant only, without reserved personal Walk)

120€ / day with reserved personal Walk

Includes: coffee, water, snacks

**PAYMENT OPTIONS: PayPal or Bank Transfer**

**PLEASE REGISTER IN ADVANCE** to reserve your place

I register for the week-end in Athens, September 2023:

for Saturday 23.9.2023 as participant only: 60 €

for Saturday 23.9.2023 with reserved Walk: 120 € s

for Sunday 24.9.2023 as participant only: 60 €

for Sunday 24.9.2023 with reserved Walk: 120 €

I transfer 60 € to reserve my place and pay the rest in cash

I transfer the whole amount to reserve my place

PAYPAL LINK (If you do not have a "friends" account -  
PLEASE ADD 3.00 € to cover FEE!)

Bank Transfer: Banque Populaire Bourgogne, France

BIC: CCBFRPPDJN

IBAN: FR7610807004102241907904518

***"Do not seek the solution, the solution is the  
experience."***

Joseph Culp, WIYS co-founder